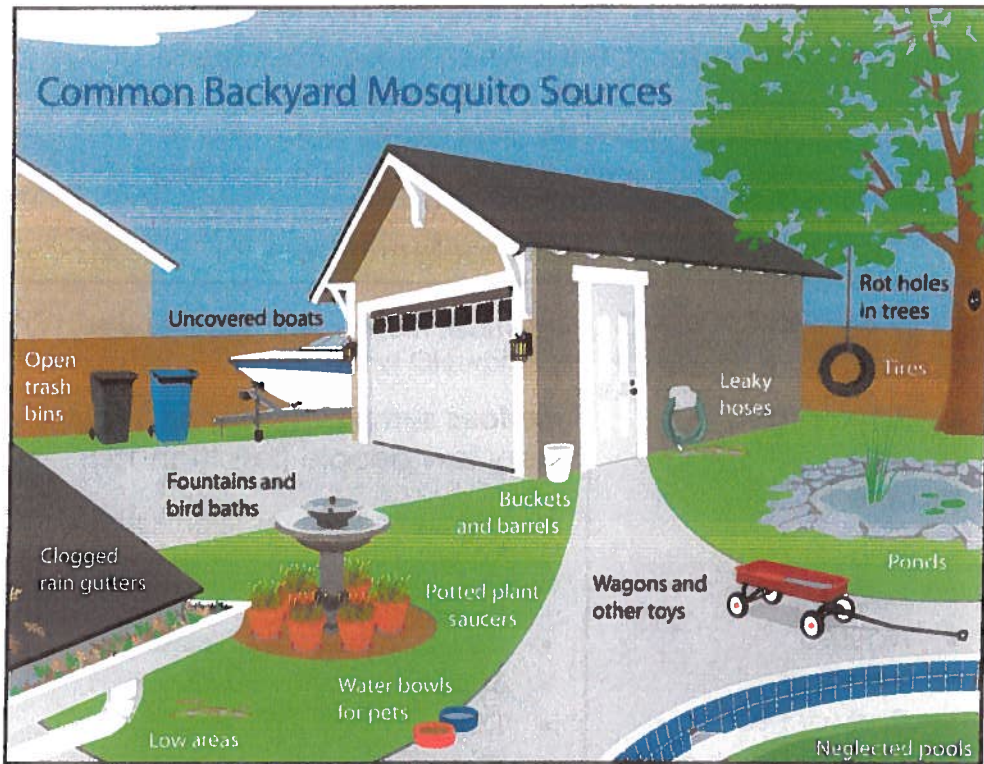


Are there **UNWANTED MOSQUITOES** lurking around **YOUR** home?

Some mosquitoes carry West Nile virus; others are just a nuisance! They only need a **couple tablespoons** of water to breed, and water can collect just about anywhere.

Don't give mosquitoes a place to hang out – empty standing water in the **hot spots** shown below so you can be sure you're not allowing mosquitoes to breed right under your nose!



GIVE MOSQUITOES THE BOOT!

For More Information:

Flower Mound Environmental Services 972-874-6332

www.flower-mound.com

DSHS.state.tx.us

CDC.gov



FIGHT THE BITE



Protect yourself against West Nile Virus

Everything's bigger in Texas; some might say that includes the bugs! Remember the **Four D's** for your defense against mosquitoes:

- **DRAIN** standing water in your yard and neighborhood to cut mosquito breeding sites (old tires, flowerpots, and clogged rain gutters).
- **DUSK & DAWN** are the times of day you should try to stay indoors; this is when mosquitoes are most active.
- **DRESS** in long sleeves and pants when you're outside, and spray thin clothing with repellent.
- **DEET** (N,N-diethyl-m-toluamide) is an ingredient to look for in your insect repellent (check for 10-30%).

SYMPTOMS

(Remember, most people affected with WNV show NO symptoms.)

Mild Symptoms,
appearing in some
people (~20%):

- Fever
- Headache
- Nausea
- Vomiting
- Body aches
- Swollen lymph nodes
- Skin rash

Serious symptoms, appearing in
very few people (less than 1%):

- High fever
 - Severe headache
 - Neck stiffness
 - Stupor
 - Disorientation
 - Coma
 - Tremors
 - Convulsions
 - Muscle weakness
 - Vision loss
 - Numbness
 - Paralysis
-